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How to Field Dress a Deer by Marty Prokop

Good job! You got a deer. Now it's time to talk about **how to clean a deer**. The first step is field dressing a deer.

Learning **how to field dress a deer** properly can significantly improve the taste and quality of your venison meat.

The Marty Prokop 9 Steps for How to Field Dress a Deer

1) **How to clean a deer** starts with a good kit to **field dress a deer**. When I head out for a day **deer hunting** I always carry a complete deer field dressing kit.

2) Members of my **deer hunting** community at free-deer-hunting-tips.com often ask, “**Marty Prokop**, what do you bring to **clean a deer**?”

Here is what I bring to **field dress a deer**: latex gloves, large Ziploc-type bag, hand sanitizer, wet ones or wet rag for washing my hands, a sharp knife, a “belly zipper” or gut hook knife and 10 to 12 foot of rope.

3) Part of **how to field dress a deer** is packing this kit into a large enough Ziploc-type bag and remembering to place it in your **deer hunting** back pack. The total weight of my kit to **clean a deer** is only about 12 to 14 ounces.

4) After a successful **deer hunting** harvest, it is time to implement the remaining steps associated with field dressing a deer. I unpack each item from my deer cleaning kit.

5) Safety and sanitation are important parts of cleaning a deer. After the first time I learned **how to field dress a deer**, I decided to use latex gloves to protect my hands from bacteria. When you are planning your deer cleaning kit you could also use large plastic gloves sold at most sporting goods stores.

6) Once initial steps of cleaning a deer are complete, I wipe off my **deer hunting** knives with the wet rag or moist towel placing them into my pack.

7) After I have completed the steps detailed here on **how to field dress a deer**, I use the Ziploc-type bag to carry out the heart and liver. This keeps your clothes free from the blood associated with the process of cleaning a deer.

8) I use the hand sanitizer to clean my hands. I then pack up my deer cleaning kit.

9) I use the rope as a deer drag. This is a **Marty Prokop how to clean a deer** “must.”

Having just completed the steps of **how to field dress a deer**, I want the deer to stay clean. When I **clean a deer** and remove it from the field, I never drag the deer by the back legs because this can fill the cavity with dirt.

If a doe, I cross front legs behind ears and tie the rope around the neck and front legs. I place the knot by the chin so, when pulling, the rope lifts the head. If a smaller buck, I drag it like a doe.

If a big buck and I might put it on the wall, I leave the rib cage intact. I call my **deer hunting** partners. We grab the rack and lift it as we remove the buck from the woods.

Great tasting venison starts with mastering **how to field dress a deer**. Make sure you pack your kit to **clean a deer** in the field on your next deer hunt.

Good Luck and Great Hunting.

Marty Prokop

<http://www.free-deer-hunting-tips.com>

About Marty Prokop

Deer hunting expert [Marty Prokop](#) reveals closely guarded deer hunting secrets on how to get deer every time. Get his Free Deer Hunting Tips Newsletter, free deer videos and free online deer hunting game at [Free Deer Hunting Tips.com](#)

Marty Prokop has 24-years experience **deer hunting, processing deer for deer hunters and venison sausage making**. Marty Prokop teaches deer hunting, hunter safety, deer processing and deer sausage making classes. Marty Prokop has processed 7,805 deer, field dressed 422 deer and made over 991,990 pounds of sausage, smoked meats and jerky. Marty Prokop worked with Minnesota DNR programs. His **deer hunting videos** are used in statewide advanced hunter education classes. **Marty Prokop** is a successful speaker, outdoor writer and published author.

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